



Osteoporosis Essentials

Densitometry, Diagnosis and Management

ISCD IOF

Park Hyatt Bangkok, Bangkok, Thailand, Nov 26-27, 2020

Clinician track

Course Leader and International Faculty

Joon Kiong Lee, *Beacon Hospital, Petaling Jaya, Malaysia*

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Ambrish Mithal, *Medanta Medicity, Gurgaon, India*

Nov 26th, 2020

Time	Lecture title	Speaker
13:30 – 13:35	Welcome and opening remark	<i>JK Lee</i>
13:35 – 14:20	Overview of Osteoporosis	<i>JK Lee</i>
14:20 – 15:20	Principles of DXA acquisition, analysis and interpretation	<i>M Chandran</i>
	<i>Coffee Break</i>	
15:50 – 16:40	Use of bone densitometry for diagnosis of osteoporosis	<i>C-H Wu</i>
16:40 – 17:20	How to assess fracture risk	<i>A Mithal</i>

Nov 27th, 2020

Time	Lecture title	Speaker
08:00 – 09:00	Monitoring treatment of osteoporosis	<i>JK Lee</i>
09:00 – 10:05	How to interpret and report DXA scans	<i>M Chandran</i>
	<i>Coffee Break</i>	
10:30 – 11:10	Can you trust this DXA report?	<i>C-H Wu</i>
11:10 – 11:50	Clinical evaluation of bone health	<i>A Mithal</i>
	<i>Lunch</i>	
13:00 – 13:50	Clinical management part 1: non-pharmacological approach	<i>JK Lee</i>
13:50 – 14:40	Clinical management part 2: pharmacological treatment	<i>M Chandran</i>
	<i>Coffee Break</i>	
15:10 – 16:00	Clinical management part 3: further pharmacologic treatment considerations	<i>C-H Wu</i>
16:00 – 17:00	Cases	<i>A Mithal</i>
17:00 – 17:05	Concluding remarks	<i>JK Lee</i>